

## **Keeping Howard County... *In the KNOW***

### **YOU Need to KNOW:**

- Howard County youth focus groups told HC DrugFree they began using drugs/alcohol at age 12 or 14...and in many cases, after a **legally prescribed pain medication** for a sports injury, a dental surgery or other common medical treatments.
- 3 out of 4 people using heroin began with the use of prescription medication.
- Between January 1 and October 22, 2017, in Howard County there were:
  - 41 alcohol and drug overdose deaths
  - 36 opioid-related (including heroin) deaths
  - 138 non-fatal opioid overdoses

### **Don't Miss Another FUN and FREE Community Event for ALL AGES:**

- Our programs and information targets parents, youth, the 50+ crowd and everyone in between. *No matter your age, we want to get educational information to YOU!*
- To sign up for our FREE electronic newsletter filled with Howard County updates, go to [www.hcdrugfree.org](http://www.hcdrugfree.org) or email [Admin@hcdrugfree.org](mailto:Admin@hcdrugfree.org).

### **Donate to HC DrugFree:**

- HC DrugFree is a 501(c)(3) tax-deductible organization.
- We RELY on your generosity.
- If you like these community events, **please donate today** so our children may continue to learn healthy drug-free alternatives and families have a caring place to call for answers to their many questions.
- Donate online or mail checks to address at bottom.

**Thank you for supporting drug-free teens and keeping our children safe!**

**Our children are worth \$25 to become a Friend of HC DrugFree. PLEASE donate TODAY.**

**HC DrugFree, 5305 Village Center Drive, Suite 206, Columbia, MD 21044**  
[www.hcdrugfree.org](http://www.hcdrugfree.org) \* 443-325-0040 \* [Admin@hcdrugfree.org](mailto:Admin@hcdrugfree.org)