

# Howard County Public School System Plans for Youth Mental Health Needs



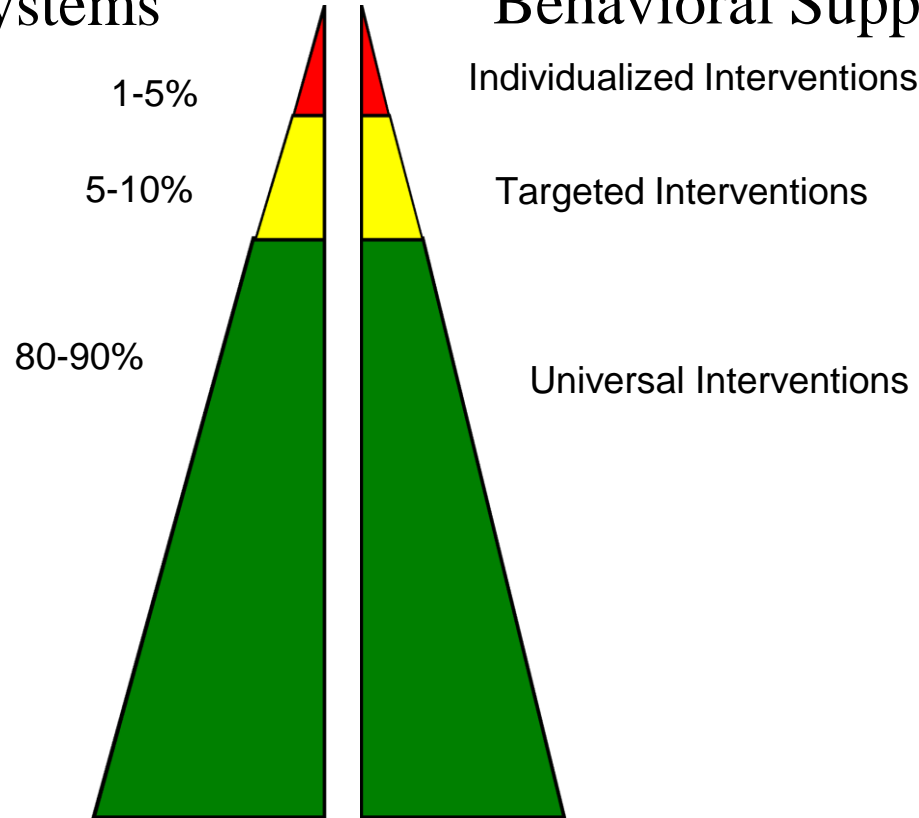
# Mental Health (MH)

- **Four-Year Strategic Plan for Student Well-being**  
(PPWs, School Counselors, School Psychologists, School Health Staff, Alternative Educators & Social Workers)
- **Social Work Services and Community-Based Providers**
- **Community Collaboration**

# Multi-tiered System of Supports

## Academic Support Systems

## Behavioral Support Systems



# Transcending Initiatives

## All Tiers

- **High-Quality First Instruction**
- **Restorative Justice (RJ)**
- **Social Emotional Learning (SEL)**
- **Positive Behavior Intervention and Supports (PBIS)**
- **Mental Health (MH) Services**

# Transcending Initiatives

	RJ	SEL	PBIS	MH
Tier 3	<ul style="list-style-type: none"> <li>• Community Conferencing</li> <li>• Family RJ</li> </ul>	<ul style="list-style-type: none"> <li>• Individual Social Skills Instruction</li> </ul>	<ul style="list-style-type: none"> <li>• BIP/FBA</li> <li>• Individual Plans</li> </ul>	<ul style="list-style-type: none"> <li>• Crisis Management</li> <li>• Individual Counseling</li> </ul>
Tier 2	<ul style="list-style-type: none"> <li>• Problem-solving Circles</li> <li>• Peer mediation</li> <li>• Conferencing</li> </ul>	<ul style="list-style-type: none"> <li>• Small Group Social Instruction</li> </ul>	<ul style="list-style-type: none"> <li>• Check-in/ Check-out</li> <li>• Behavior Charts and data collection</li> <li>• Group Academic Behavior Support</li> </ul>	<ul style="list-style-type: none"> <li>• Group Counseling</li> <li>• Coordinated Referrals</li> <li>• Family connection</li> </ul>
Tier 1	<ul style="list-style-type: none"> <li>• Restorative language</li> <li>• Community-building Practices</li> <li>• Circles</li> </ul>	<ul style="list-style-type: none"> <li>• School Climate Assessment</li> <li>• SEL Instruction</li> <li>• Executive Fx Instruction</li> </ul>	<ul style="list-style-type: none"> <li>• Schoolwide behavioral expectations</li> <li>• Positive recognition plans</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health/ Wellness Promotion</li> </ul>

# HCPSS Social Workers

## School social workers will:

- Provide Tier 2 services (e.g., small groups)
- Provide some Tier 3 services (e.g., individual counseling)
- Coordinate services and liaise between community providers, HCPSS staff, and parents
- Track school-based success indicators
- Guide plan for future expansion

(50% direct services, 50% school-based mental health program management)

# Current Grant-Based Mental Health

- **3 Licensed Clinicians (LCSW and LCPC) split between 5 schools (BBES, DRES, PVMS, TVMS & WLHS)**
- **University of Maryland at Baltimore employees**
- **Funded by HC Health Department and Horizon Foundation**
- **Until June 2019**

# HCPSS Social Work Program

- **Expand new service model to 10-20 additional schools:**
  - Feeder approach, focus on school communities by area cluster
  - 5 HCPSS social workers target middle/high schools for most intensive work with services in connected schools\*
- **Referrals from SST initially; expand referral paths**

**\*One SW is Horizon Grant Funded**



# Community Provider Expansion

## Community providers coordinated by social workers

- HCPSS issued an RFP to identify community providers that will provide student services
- RFP addressed:
  - Billing and insurance plans accepted
  - Providing non-billable services
  - Multilingual services
  - Measurement with evidence-based assessment tools
  - Plan for service continuity beyond school day/year

# Social Work Hub Schools and Feeder Schools

## Area 1

### **Reservoir High School**

Feeder Schools:

Laurel Woods ES  
Murray Hill MS

### **Hammond High School**

Feeder Schools:

Guilford ES  
Hammond ES  
Hammond MS

## Area 2

### **Mayfield Woods Middle School**

Feeder Schools:

Ducketts Lane ES  
Hanover Hills ES  
Long Reach HS

### **Lake Elkhorn Middle School**

Feeder Schools:

Cradlerock ES  
Stevens Forest ES  
Talbot Springs ES  
Oakland Mills MS  
Oakland Mills HS

## Area 3

### **Harpers Choice Middle School**

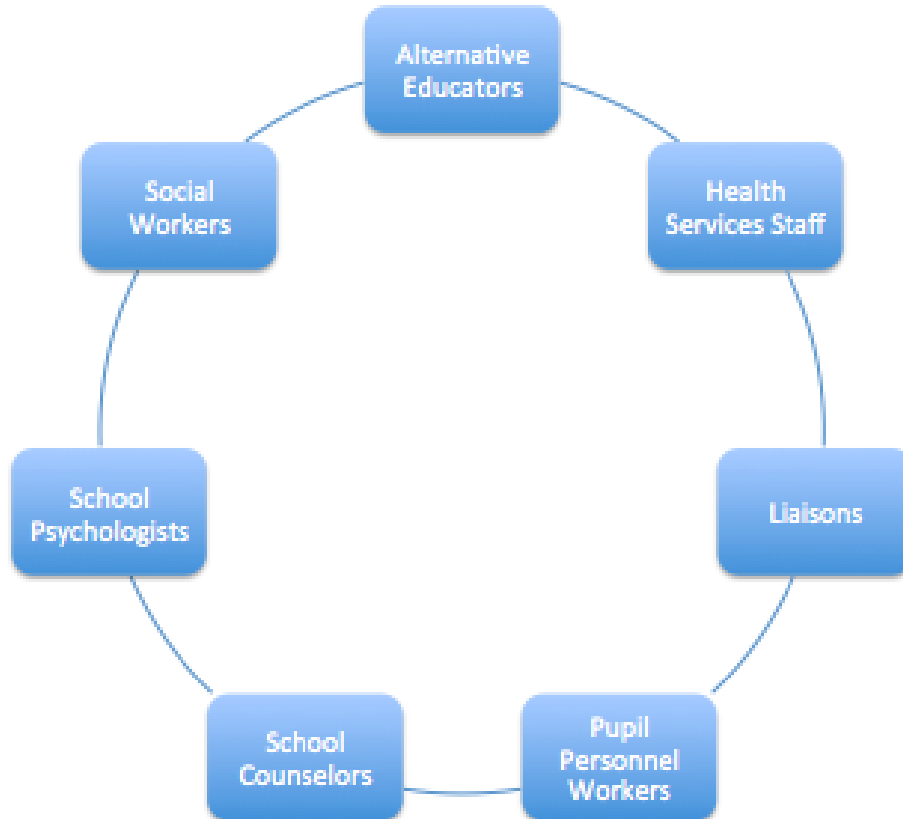
Feeder Schools:

Bryant Woods ES  
Longfellow ES  
Running Brook ES  
Swansfield ES  
Wilde Lake MS

\*Schools served by UMD:

Bollman Bridge ES  
Patuxent Valley ES  
Deep Run ES  
Thomas Viaduct MS  
Wilde Lake HS

# Student Services Team Members



# Alternative Educators

<b>Student Population(s) Served</b>	<i>Some students</i>
<b>Focus</b>	Direct behavioral supports to support students accessing instruction and skill-based instruction to access the curriculum.
<b>Instructional Role(s)</b>	Support academic and behavioral interventions; provide instruction on executive function and coping skills

# Nurses & Health Assistants

<b>Student Population(s) Served</b>	<i>All students</i>
<b>Focus</b>	Sole healthcare provider in an academic setting; identifying and treating student health needs, and optimize student health.
<b>Documentation</b>	Request/obtain medical information from parents (immunizations, medicines, allergies, etc.)
<b>Evaluation Role(s)</b>	Evaluate medical information from primary/specialty caregiver
<b>Instructional Role(s)</b>	Coordinate care to maintain safety and wellness
<b>Counseling/ Therapeutic Role(s)</b>	Develop and support implementation of health, medical, emergency plans (IHP, ECP) for students; connect families to medical resources, if appropriate

# Pupil Personnel Workers

<b>Student Population(s) Served</b>	<i>Some students</i>
<b>Focus</b>	A consultant to students, school staff and guardians on a variety of issues such as attendance, discipline, counseling, residency, homelessness and crisis support for schools.
<b>Documentation</b>	Determination of guardianship/custody; homeless/foster care designations
<b>Evaluation Role(s)</b>	Determine residency/reassignment
<b>Counseling/ Therapeutic Role(s)</b>	Connect families to school-based and community-based resources and supports

# School Counselors

<b>Student Population(s) Served</b>	<i>All students</i>
<b>Focus</b>	Direct service to and contact with students; focused on the delivery of the school counseling curriculum, individual student planning, college and career advisement and responsive services.
<b>Documentation</b>	New student enrollment; scheduling; student records and letters for college applications
<b>Evaluation Role(s)</b>	Threat management
<b>Instructional Role(s)</b>	Provide instruction on social- emotional skill development; suicide prevention and intervention
<b>Counseling/ Therapeutic Role(s)</b>	Counsel students on college and career goals and pathways

# School Psychologists

<b>Student Population(s) Served</b>	<i>Some students</i>
<b>Focus</b>	Direct support and interventions to students; consult with teachers, families, and other professionals to improve support strategies; conduct assessments.
<b>Documentation</b>	IIT leadership; guide development of FBAs/BIPs
<b>Evaluation Role(s)</b>	Assess (cognitive, adaptive, social-emotional) for students with IEPs/504 Plans; Threat management
<b>Instructional Role(s)</b>	Provide direct IEP services on skill development; suicide prevention and intervention
<b>Counseling/ Therapeutic Role(s)</b>	Provide individual and group therapy to students



# Social Workers

<b>Student Population(s) Served</b>	<i>Some students</i>
<b>Focus</b>	Provision of services to students to enhance their emotional well-being and improve their academic performance and coordinate work of community mental health providers
<b>Instructional Role(s)</b>	Provide instruction on social- emotional skill development
<b>Counseling/ Therapeutic Role(s)</b>	Provide individual and group therapy to students

# Community Collaboration

- **Liaisons**
- **Mental Health Community Advisory Council**
  - Provide Recommendations, Actions, Implement Work and Provide Feedback
- **Steering Committee for the MHCAC**
- **Superintendent's Sub-Cabinet**
  - Set Vision, Receive Updates on Actions, and Provide Feedback

# Future Plans

- **Enhance existing supports for Mental Health and Social Emotional Well-being within the school system**
- **Expand school coverage through adding social workers and community providers to additional schools**

# Questions

